Goal of the Internship Program

- To provide a comprehensive internship training experience that prepares doctoral residents to serve as generalists within the field of clinical psychology.

Internship Training Objectives

To prepare doctoral candidates to competently deliver treatment services for:

- Substance abuse, dependency, and co-occurring issues
- Children and families
- Specialized populations, including forensics
- Individuals in crisis
- Individuals within a community mental health setting

Resident Expectations

- Residents are expected to provide a minimum of 500 hours of direct client service.
- Residents will work 40-45 hours on-site each week.
- Two to three evenings per week are required as part of the internship.
- Residents will complete three rotations and demonstrate competency in working with each population.
- Residents will demonstrate the ability to present cases and provide didactic training to various staff members.
- Residents will demonstrate competency in utilizing evidenced-based treatments.

Holcomb’s internship is based on a 2000-hour program which runs from August 1st through July 31st. The internship cohort is comprised of 6 residents. Background checks and drug screening will be completed at the start of internship. For more information, please contact the Training Director.

Compensation and Benefits:

Internship stipend: $23,712 per year

Vacation: 10 days
Holidays: 10 days
Health Insurance: Available with partial premium paid by Holcomb.

Holcomb’s internship program is APA-accredited and a participating member of APPIC.

Questions related to the program’s accredited status should be directed to the Commission on Accreditation:
Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979
Email: apaaccred@apa.org

www.apa.org/ed/accreditation

APA-accredited Doctoral Psychology Internship Program

Information Brochure

Internship Year 2021-2022

Internship Training Director:
Bethany Dudash, Psy.D.

Faculty:
Natalie Bilynsky, Ph.D.
Kathleen McDonald, Psy.D.
Jenna Dubbs, Psy.D.
Sarah Windfelder, Psy.D.
Description of Resident Activities:

Didactics and Cases Conferences

- Residents will participate in 2 hours of didactics each week out of the Exton office.
- Topics included, but are not limited to:
  - Therapy Techniques
  - Assessment Techniques and Integration
  - Assessment and treatment of specialized population
  - Cultural Competency
  - Co-occurring issues
  - Ethics
- Residents will participate in 2 hours of case conference each week out of the Exton office.
- Each resident will present two 2 hour didactics.

Outreach Project

- Each resident will conduct one community outreach project.
- The specific nature of the project will be developed with the Internship Training Director.

Outpatient Therapy

- Each resident will maintain a schedule of 8 to 9 hours per week of outpatient psychotherapy with a diverse clinical population, which can include children/adolescents, adults, families, and groups.
- Outpatient therapy can be conducted out of the Exton, Kennett Square, or Upper Darby offices.
- Conduct short-term bridge therapy sessions.
- Conduct group and individual psychotherapy with crisis residential clients.

Child/Adolescent Rotation (full year):

- Rotation is based in the IBHS program located in school in West Philadelphia
- Clinical responsibilities include providing individual and family therapy to children/adolescents and their families.

Substance Abuse Rotation (6 months):

- Rotation is based in the Substance Abuse Outpatient Program in the Kennett Square office.
- Clinical responsibilities may include outpatient therapy & chemical dependency evaluations.

Crisis Services Rotation (6 months):

- Rotation is based out of the Exton crisis office but has a significant mobile component in Chester County.
- Provide telephone crisis triage and therapeutic support.
- Conduct crisis outreaches to clients in their home, school, work, police stations, and hospitals.
- Conduct short-term bridge therapy sessions.
- Conduct group and individual psychotherapy with crisis residential clients.

In addition, residents will conduct an average of one forensic clinical assessment per month for Chester County Mental Health Court and approximately three psychological evaluations throughout the year.

Supervision:

- Each resident receives a minimum of two hours of supervision a week from licensed psychologists.
- A primary supervisor is assigned for the entire year for outpatient therapy cases.

Holcomb’s internship training program has been in existence since 2005. Our residents are seen as an integral part of our company and have earned a reputation of providing quality services to the communities that we serve. The staff of the internship consistently seeks to provide new and diverse educational and training experiences for the residents while maintaining the program’s goals and integrity.