



How can you tell if our youth are experiencing typical worries or struggling with a mental health issue?

This training will help you.

Youth Mental Health First Aid

This free 8-hour certification course is for parents and all who come in contact with youth, ages 12–18. You'll learn to:

Recognize emotional distress & offer support
Take constructive action
Enhance your relationship

Saturday, June 6, 2020

Time: 8:00am (sign-in begins at 7:45) to 5:00pm

Location: Downingtown United Methodist Church

751 East Lancaster Avenue, Downingtown, PA 19335

Registration is required. Send your name, email address, cell phone #, and this class date to ChescoMHFATrainings@gmail.com by June 4th

Lunch will be provided by Downingtown United Methodist Church. Participants must attend all 8 hours to receive certification.

Hosted by Downingtown United Methodist Church and presented by Chester County Department of Mental Health/Intellectual & Developmental Disabilities and The COAD Group