

## Goal of the Internship Program

- To provide a comprehensive internship training experience that prepares doctoral residents to serve as generalists within the field of clinical psychology.

## Internship Training Objectives

To prepare doctoral candidates to competently deliver treatment services for:

- Substance abuse, dependency, and co-occurring issues
- Children and families
- Specialized populations, including forensics
- Individuals in crisis
- Individuals within a community mental health setting.

## Resident Expectations

- Residents are expected to provide a minimum of 500 hours of direct client service.
- Residents will work 40-45 hours on-site each week.
- Two to three evenings per week are required as part of the internship.
- Residents will complete three rotations and demonstrate competency in working with each population.
- Residents will demonstrate the ability to present cases and provide didactic training to various staff members.
- Residents will develop and implement a community outreach project.
- Residents will demonstrate competency in utilizing evidenced-based treatments.

Holcomb's internship is based on a 2000 hour program which runs from August 1<sup>st</sup> through July 31<sup>st</sup>. The internship cohort is comprised of 8 residents. Background checks and drug screening will be completed at the start of internship. For more information, please contact the program.

## Compensation and Benefits:

**Internship stipend:** \$23,712 per year

**Vacation:** 10 days

**Holidays:** 10 days

**Health Insurance:** Available with partial premium paid by Holcomb.



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Holcomb's internship program is APA-accredited and a participating member of APPIC.

Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, NE, Washington, DC 20002  
Phone: (202) 336-5979  
Email: [apaaccred@apa.org](mailto:apaaccred@apa.org)  
[www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)



## *APA-accredited Doctoral Psychology Internship Program*

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## Information Brochure

## Internship Year 2019-2020

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### Internship Training Director:

Bethany Dudash, Psy.D.

### Faculty:

Natalie Bilynsky, Ph.D.  
Kathleen McDonald, Psy.D.  
Jenna Dubbs, Psy.D.

## **Description of Resident Activities:**

### **Year Round:**

#### **Didactics and Cases Conferences**

- Residents will participate in 2 hours of didactics each week out of the Exton office. Topics included, but are not limited to:
  - o Therapy Techniques
  - o Assessment Techniques and Integration
  - o Assessment and treatment of specialized population
  - o Cultural Competency
  - o Co-occurring issues
  - o Ethics
- Residents will participate in 2 hours of case conference each week out of the Exton office.
- Each resident will present two 2 hour didactics during the internship year.
- Each resident will conduct one community outreach project during the internship year. The specific nature of the project will be developed with the Internship Training Director.

#### **Outpatient Therapy**

- Each resident will maintain a schedule of 10 hours per week of outpatient psychotherapy with a diverse clinical population, which can include children/adolescents, adults, families and groups.
- Outpatient therapy can be conducted out of the Exton, Kennett Square, or Upper Darby offices.

## **Rotations:**

Each resident will participate in three rotations including:

### **Child/Adolescent:**

- Rotation is based out of the entire Chester County region.
- Clinical responsibilities include: providing mobile therapy to children/adolescents and their families.
- Both individual and family therapy are offered.
- Residents function as part of a truancy team, consisting of a case manager and a mobile therapist.

### **Substance Abuse:**

- Rotation will be based out of the Newark, DE office.
- Clinical responsibilities may include: outpatient therapy (individual & groups) & chemical dependency evaluations.

### **Crisis Services:**

- Rotation is based out of the Exton crisis office, but has a significant mobile component in Chester County.
- Provide telephone crisis triage and therapeutic support.
- Conduct crisis outreaches to clients in their home, school, work, police stations and hospitals.
- Conduct group psychotherapy with crisis residential clients.

In addition, residents will conduct an average of one forensic clinical assessment per month, including evaluations for Chester County Mental Health Court, and approximately three psychological evaluations throughout the year.

### **Supervision:**

- Each resident receives a minimum of two hours of supervision a week from licensed psychologists.
- Each rotation has a supervisor assigned to it, so that residents will have a new supervisor on each rotation.
- A supervisor is assigned for the entire year for outpatient therapy.

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Holcomb's internship training program has been in existence since 2005. Our residents are seen as an integral part of our company and have earned a reputation of providing quality services to the communities that we serve. The staff of the internship consistently seeks to provide new and diverse educational and training experiences for the residents while maintaining the program's goals and integrity.